

# Supplement Facts

Serving Size 3 Tablets

Servings Per Container: 30

Amount Per Serving		%Daily Value
Vitamin A (beta-carotene)	10,000 IU	200%
Vitamin C (ascorbic acid)	1000 mg	1667%
Vitamin D-3 (cholecalciferol)	400 IU	100%
Vitamin E (d-Alpha tocopheryl succinate)	200 IU	667%
Vitamin K-1 (phytonadione)	100 mcg	125%
Vitamin B-1 (thiamine mononitrate)	50 mg	3333%
Vitamin B-2 (riboflavin)	50 mg	2941%
Niacin (niacinamide)	50 mg	250%
Vitamin B-6 (pyridoxine HCl)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (cyanocobalamin)	100 mcg	1667%
Biotin	100 mcg	33%
Pantothenic Acid (d-calcium pantothenate)	50 mg	500%
Calcium (carbonate / phosphate / citrate)	500 mg	50%
Phosphorus (di-calcium phosphate)	50 mg	5%
Iodine (Atlantic kelp / potassium iodide)	150 mcg	100%
Magnesium (oxide / citrate)	250 mg	63%
Zinc (glycinate monohydrate)	15 mg	100%
Selenium (amino acid chelate)	200 mcg	286%
Copper (amino acid chelate)	1 mg	50%
Manganese (aminoate)	2 mg	100%
Chromium (picolinate / polynicotinate)	200 mcg	167%
Molybdenum (amino acid chelate)	100 mcg	133%
Chloride (potassium chloride)	45 mg	1%
Potassium (potassium chloride)	50 mg	1%
45 Fruit & Vegetable Proprietary Blend	500 mg	*
Consisting of Cinnamon Bark ( <i>Cinnamomum cassia</i> ), Turmeric (rhizome), Ginger Root, Blueberry, Cranberry, Grape Seed, Strawberry, Raspberry, Pomegranate, Bilberry, Alfalfa, Carrot, Beet, Broccoli, Acai, Chokeberry, Apple, Apple Pectin, Maqui Berry, Grape Skin, Black Cherry, Tomato, Barley, Celery, Chlorella, Black Currant, Artichoke, Mango, Pineapple, Spirulina, Chlorophyllin, Dandelion, Wheat Grass, Green Tea, Milk Thistle, <i>Eleutherococcus senticosus</i> , Ashitaba, Bing Cherry, Elderberry, Goji Berry, Grapefruit, Mangosteen, Spinach, Tart Cherry, and Papaya.		

Amount Per Serving		%Daily Value
Spirulina (microalgae)	250 mg	*
Citrus Bioflavonoids 50% Complex	75 mg	*
<i>Lactobacillus acidophilus</i>	100 Million CFU†	*
Soy Isoflavones	25 mg	*
Mushroom Complex	30 mg	*
Consisting of: Shiitake powder (fruit tops), Reishi powder (fruit tops) and Maitake powder (mycelial biomass)		
PABA ( <i>para</i> -Aminobenzoic acid)	50 mg	*
Hesperidin (95% extract) (from citrus extract)	25 mg	*
Rutin Powder	25 mg	*
Quercetin Dihydrate	5 mg	*
RNA / DNA Complex	10 mg	*
Choline Bitartrate	50 mg	*
Inositol	50 mg	*
Boron (as amino acid complex)	3 mg	*
Lutein (marigold flower extract)	1 mg	*
CoEnzyme Q10	10 mg	*
Grape Seed 95% Extract (inner core)	25 mg	*
Pine Bark 95% Extract	25 mg	*
Green Tea 95% Extract (dried leaves)	25 mg	*
Barley Grass Powder (aerial plant)	30 mg	*
<i>Panax ginseng</i> root (10% extract)	30 mg	*
<i>Eleutherococcus senticosus</i> powder (rhizome)	30 mg	*
Flaxseed Powder	30 mg	*
Oat Fiber Powder (hulls)	25 mg	*
Digestive Enzyme Complex	125 mg	*
Consisting of: Betaine HCl, Papain 2M, Bromelain, Lipase, Cellulase, Trypsin, Amylase)		
Trace Mineral Complex	1 mg	*
Proprietary Blend	220 mg	*
Consisting of: Bilberry (5:1 extract), <i>Ginkgo biloba</i> Leaf (24% extract), Gotu Kola Leaf Powder, Yellow Dock Root Powder, Garlic Bulb Powder, Licorice Root Powder, Lecithin (from soybean oil) and Apple Pectin ( <i>Malus domestica</i> ) (fruit).		

\*Daily Value not established.

**Other Ingredients:** Vegetable stearic acid, microcrystalline cellulose, vegetable magnesium stearate, croscarmellose sodium, silicon dioxide, and pharmaceutical glaze.

**ALLERGEN WARNING: CONTAINS SOY (ISOFLAVONES AND LECITHIN), MILK (TRYPSIN), AND FISH.**

†Activity level at time of manufacture.